TOM CHAPIN

® Friends



3 time Grammy[®] winning composer and musician **TOM CHAPIN** has been called "The best family artist around" by Billboard Magazine, and "one of the great personalities in contemporary folk music" by The New York Times. His "Friends" are **MICHAEL MARK** on bass/vocals and **JON COBERT** on keyboard/vocals, extraordinary musicians, writers, singers and 5 time Grammy[®] nominees. Together TOM CHAPIN & FRIENDS weave musical magic.

"My collaborators and I work very hard at writing songs that are funny, catchy, that tell stories, that are musically exciting, and that talk about the real world," says Tom Chapin.

Please visit www.tomchapin.com for further info.

"I believe the messages you send of peaceful ways, caring for the earth and each other, and the value of relationships, all delivered with your special sense of fun and humor, are very valuable life experiences for kids. Your music acts as a mighty antidote to the kind of messages they are all too often immersed in outside of school. You tell them that their lives and concerns are important, you encourage them to laugh, and to smile with understanding at people's foibles. You encourage them to be internationalists. Thank you so very much!" D.G., Music Teacher

GIVE PEAS A CHANCE

"Locally grown and locally eaten is globally good, good, good for us all."

Ages 4-11, parents & teachers. 60 minutes.

Come along with **Tom Chapin** and explore the connection between Good Food and the Green Earth.

Inspired by Chapin's new recording "Give PEAS A Chance," this show features a collection of songs focusing on locally grown and eaten food, Farmer's Markets, school lunches, the joy of slow food, junk food, picky eating, home gardening, honey bees, the food chain, and hunger.

Songs featured in the show include:

Locally Grown tells of fruits and vegetables that would prefer not to commute to get to your kitchen table. The song also references the environmental impact and benefit to the farmer of eating local produce.

Don't Try It On Me, a humorous and instantly relatable story told from the child's point of view, tells of an inventive mom and the child's scary journey tasting new foods with strange names.

Grow Your Own recognizes that we culti-

vate different gardens at different stages of our lives, starting with a seed and a little paper cup from a first grade teacher to "a little old lady with a watering can."

The Junk Food Pyramid, a funny, spooky and cautionary tale.

Farmer's Market Good follows the farmer from the farm to the market. The market changes every week depending what crop's at it's peak. Not only is the food fresh and local, it's the social event of the week.

The Ultimate Lunchroom, a story song about what a school lunchroom could and should be like.

Every Body, a sing-along about body image, teaches us that "health and strength and beauty come in every shape and size."

Enough For Everyone This song could well be the children's anthem for the hunger movement. It teaches that the earth can produce enough food to feed everyone.

SUNDANCE MUSIC WILL PROVIDE A STUDY GUIDE AND CD WHICH YOU MAY DUPLICATE FOR EACH CLASS ATTENDING THE SHOW.

"The lyrics are fun and healthy and just what we want for our children to feast on - real health food for the heart and soul! Adults love it too!"

For Booking Information, please contact: Sundance Music (914) 674-0247